Mental Health Counseling M.S.
M.S. in Mental Health Counseling

The master's degree program in mental health counseling is designed for the continued professional development of people who currently serve, or will serve, their communities in various counseling capacities. Master's degree training is based on a model of interdisciplinary collaboration, prevention of dysfunction, and direct service. The field of mental health counseling has placed professionals in mental health settings, business and industry, substance abuse clinics, hospices, hospitals, educational settings, and private practice. The Center for Psychological Studies is firmly committed to the mission of training competent professionals who will design and implement prevention and treatment programs and provide direct counseling services. The coursework provides broad-based training. The mental health counselor will be called on to respond to an increasingly diverse population of citizens and to numerous issues facing our society, such as substance abuse, family violence, divorce, aging, and general population problems.

Program Format and Locations

Traditional Format—Fort Lauderdale Main Campus
The master’s degree program in mental health counseling at the main campus is organized in a traditional semester format. Classes meet once a week during the fall and winter semesters and twice a week during the summer semester with some weekend course availability. Courses are typically scheduled in the late afternoon and evening, Monday through Thursday.

Weekend Format—Regional Campuses
The mental health counseling program is offered at the NSU campuses in Jacksonville, Miami, Orlando, Palm Beach, and Tampa campuses. The field-based format is often referred to as a weekend format. The program consists primarily of an eight-week intensive session with class meetings one weekend per month (Friday evening, Saturday, and Sunday). Course activities are supplemented with the Blackboard Web platform.

Online
The master’s degree in counseling with a specialization in mental health program courses can be completed online. Training is enhanced with a required residential professional development institute. Students must complete the practicum and internship at an approved site in their community within the United States.
Mental Health Counseling Curriculum
60 Semester Hours

- Counseling Theories and Practice
- Research and Evaluation for Counselors
- Introduction to Mental Health Counseling Technique
- Human Growth and Development
- Ethical, Legal, and Professional Issues for Counselors
- Human Sexuality
- Diagnosis and Treatment of Adult Psychopathology
- Diagnosis and Treatment of Child and Adolescent Psychopathology
- Psychological Testing for Individual Evaluation
- Substance Abuse
- Career and Lifestyle Assessment
- Social and Cultural Foundations of Counseling
- Group Theory and Practice
- Couples and Family Counseling Strategies
- Community Mental Health
- Case Conceptualization and Treatment Strategies
- Advanced Treatment Interventions
- Counseling Practicum
- Counseling Internship

Practicum and Internship

Students gain real world experience through the practicum and internship. The program, regardless of format, requires a practicum and internship at an approved agency. Students must arrange to meet this requirement that varies from the regular course schedule.

Licensure

The state of Florida’s (Chapter 491, Florida Statutes) governs licensure requirements for mental health counselors. Applicants interested in licensure should request, in writing, a copy of licensure requirements from the Department of Health, Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling, Medical Quality Assurance, 4052 Bold Cypress Way, Bin=C08, Tallahassee, Florida 32399-3258, or call (850) 245-4474. Individual eligibility must be verified periodically through careful review of state licensure regulations, which are subject to change. Applicants wishing to pursue licensure out of the state of Florida should check with the applicable state agency.
Yes, please send more information on the Master of Science degree in Mental Health Counseling

Name __________________________________________________________
Address ___________________________________________________________________
City________________________ State___________ ZIP ______________
Telephone: Home (______)_________ Cell (______)_________
Email __________________________________________________________
Current position ____________________________________________________
Highest degree earned ____________________________________________

I am interested in this program offered at the following locations (check all that apply):

☒ Fort Lauderdale (main campus) ☐ Palm Beach ☐ Orlando
☒ Jacksonville ☐ Miami ☐ Online
☒ Tampa

For course descriptions, formats, requirements, application packets, academic policies, estimated expenses, and general information, visit our Web site at www.cps.nova.edu.

For more information, return the attached card; call (954) 262-7563 or 800-541-6682, ext. 27563 (ASK ME); or email gradschool@nova.edu.
About Nova Southeastern University

With nearly 27,000 students and more than 150,000 alumni, Nova Southeastern University is one of only 37 institutions holding the dual classification of "Community Engaged" and "High Research" by the Carnegie Foundation. We have a sprawling, 314-acre Fort Lauderdale-Davie campus and a presence throughout Florida, the United States, and nine countries around the world. Throughout five decades of explosive growth, our reputation for academic excellence and innovation continues to flourish.

Notices of Nondiscrimination and Accreditation

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate’s, baccalaureate, master’s, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University. Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

The Ph.D. Program in Clinical Psychology is accredited by the Commission on Accreditation of the American Psychological Association. The Psy.D. Program in Clinical Psychology is accredited by the Commission on Accreditation of the American Psychological Association. The Psychology Services Center Internship Program is accredited by the Commission on Accreditation of the American Psychological Association. Questions related to the programs’ accredited status should be directed to the Commission on Accreditation; Office of Program Consultation and Accreditation American Psychological Association, 750 1st Street, NE, Washington, D.C. 20002, Phone: (202) 336-5979, Email: apaaccrediliapa.org, Web: www.apa.org/ed/accreditation. Additionally, the Center for Psychological Studies sponsors the South Florida Consortium Internship program, which is a member in good standing of the Association of Psychology Postdoctoral and Internship Centers (APPIC). The center’s master’s degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. Professional education programs at Nova Southeastern University, including the M.S. in School Counseling and the Psy.S. in School Psychology, are accredited by the National Council for Accreditation of Teacher Education (NCATE). In addition, the Specialist Program in School Psychology program is approved by the National Association of School Psychologists (NASP).

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