

CURRICULUM VITAE

Mercedes B. ter Maat

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EDUCATION

- 2000 Ph.D. in Counselor Education and Supervision, VA Polytechnic Institute and State University
- 1999 M.Ed. in Counselor Education, Virginia Polytechnic Institute and State University
- 1999 Leadership Training, Coalition of Allied Health Professions, Washington, DC
- 1986 M.A. in Art Therapy, The George Washington University, Washington, DC
- 1984 B.A. in Psychology and Studio Art, University of North Carolina, Chapel Hill

CERTIFICATIONS

- 2003 School Counseling and Guidance, Florida State Board of Education
- 1999 School Counseling License, Virginia State Board of Education
Teaching License (Psychology and Art, K-12), Virginia State Board of Education
- 1996 Licensed Professional Counselor, Washington, DC, Board of Professional Counseling
- 1995 Board Certification, Art Therapy Credentials Board
- 1988 Registered Art Therapist, Art Therapy Credentials Board

PROFESSIONAL AND CLINICAL EXPERIENCE

- 2006 – Present Associate Professor, Nova Southeastern University, Ft. Lauderdale, FL.
Duties: teaching; supervision of practicum/internship online and traditional students; CACREP site visitor/reviewer; implementation of state certification and program-approval standards; admitting, mentoring, and advising students; recruitment of program faculty; development of course content and program curricula; providing site visits, training, and consultation to counselors and practicum site supervisors; research and publication; overall program development and evaluation.
- 2003-2006 Director, School Counseling & Guidance Program, Coral Springs Middle School, Broward County Public Schools, Florida. Duties: Individual and group counseling; consultation with other professionals regarding immigrant families; classroom guidance lessons; career counseling; matriculation and articulation activities; student scheduling; consultation with community agencies, school personnel, community leaders and parents; participation in continuing-education activities and school committees; counseling program planning and evaluation activities, testing coordination; supervision of school counselors; leadership team.
- 2002-2003 Director and Assistant Professor, School Counseling Program, The George Washington University. Duties: teaching/curriculum, administrative, financial, and evaluative responsibilities related to the planning and implementation of CACREP-approved counseling program; recruiting, admitting, and advising students; hiring adjunct professors; developing curriculum sequence and course schedules; coordinating internship placements and training workshops for on-site supervisors; supervising masters and doctoral students and serving on doctoral committees; supervising university supervisors; and research and publication. Examples of courses taught: Ethical Issues in

Counseling, Counseling Interviewing Skills, Internship, Social and Cultural Dimensions in Counseling.

- 2000-2002 Assistant Professor, Virginia Tech, Northern Virginia Graduate Center. Duties: teaching, mentoring, advising, and supervising masters and doctoral-level students; recruitment and admission of masters and doctoral students; chairing and serving on doctoral dissertation committees; curriculum development; participation in CACREP program administration and evaluation; overall program evaluation; research and publication; and consultation with and training of on-site supervisors. Examples of courses taught: Orientation to Professional Counseling, DSM-IV, Internship, Group Counseling, School Counseling K-12, Community Counseling, Research Methods in Education, and Introduction to Art Therapy for Counselors.
- 1999-2000 Graduate Assistant, Counselor Education Program, Virginia Tech, Northern Virginia Graduate Center. Duties: Assisting faculty with research projects and administrative tasks; teaching master-level classes and courses; participation in program-area meetings and CACREP accreditation compliance process; supervision of master-level counseling students; offering comprehensive exam study groups; assisting support staff as needed.
- 1995-2003 Professional School Counselor, Elementary and Middle Schools, Arlington County Public Schools, Virginia. Duties: Individual and group counseling with ESL and non-ESL students; family counseling; classroom guidance lessons; consultation with community agencies, school personnel, and parents; participation in continuing-education activities and school committees; peer mediation program trainer; counseling program planning and evaluation activities.
- 1989-1994 Lead Art Therapist and Training Officer, Washington, DC Dept. of Human Services, Commission on Mental Health Services, St. Elizabeths Hospital.
- Duties as the Lead Art Therapist: Recruiting, hiring, and supervising art therapists working in the Forensic, Child, and Adult Services Administrations; developing master schedules and coordinating art therapy services throughout the DC mental health system; meeting JCAHO accreditation requirements; designing, monitoring, and evaluating peer-review credentialing process; participating in allied health director's policy meetings; maintaining departmental budget and supplies; providing monthly and annual art therapy summary reports; conducting individual and group art therapy sessions in long- and short-term in-patient and out-patient clinics with chronic mentally-ill and criminally-ill adults; participating in treatment planning meetings and daily rounds; maintaining client records.
 - Duties as Training officer: developing and coordinating stipend and non-stipend year-long student internships; recruiting art therapy students locally and nationally; providing direct training and supervision to art therapy students; providing in-service training to other mental health staff; participating in quarterly supervision-for-supervisors training sessions.

- 1989 Mental Health Counselor, Crossing Place, Washington, DC. Duties: coordinating art therapy services, conducting weekly therapy group for halfway house adult residents, and participating in client-progress meetings.
- 1986-2003 Private Practice, Washington, DC Metropolitan Area. Duties: Individual counseling with children, adolescents, and their parents struggling with ADHD, grief, depression, medical illness, divorce, social, academic, conduct, and a variety of other developmental issues.
- 1986-1990, 1994-95 Art Therapist and Mental Health Counselor, Hospice of Northern Virginia. Duties: providing assessment and counseling services to grieving and bereaved children and their families in their home; providing weekly bereavement groups for children and their parents; supervising art therapy staff and interns; providing training to hospice staff and volunteers; developing art therapy budget and maintaining supplies; billing for art therapy services.
- 1985 Student Art Teacher, Sidwell Friends High School, Washington, DC. Duties: coordinating and planning art lessons to high-school students; assisting with theater productions.
- 1985-1989 Expressive Therapist, Psychiatric Institute of Washington, DC. Duties: providing direct clinical services to children and adult clients in in-patient psychiatric units, the outpatient day treatment program, and the chemical dependency unit. Clinical services included: mental health status assessment, individual and group art therapy sessions, occupational, recreational, and career counseling, and experiential, team-building groups. Other duties involved: client record-keeping, supervision of counseling interns, and participation in treatment planning and expressive therapy meetings.
- 1984-1985 Art Therapy Intern, Children's Hospital National Medical Center, Washington, DC. Duties: conducting individual art therapy sessions with hospitalized and out-patient terminally-ill children (in oncology unit) and having sickle-cell anemia (in hematology unit); providing art as therapy groups for ill children and their families; participating in medical rounds and training sessions; collaborating with child-life worker in providing recreational activities for families.

ADDITIONAL TEACHING AND SUPERVISORY EXPERIENCE

- 2004 Florida State University, Visiting Professor (Multicultural Counseling)
- 2003 Barry University, Adjunct Professor (Diagnostic and Treatment)
- 2002 Florida State University, Visiting Professor (Multicultural Counseling)
- 2001 Trinity College, Adjunct Professor (Research in Education)
- 2001 George Mason University, Adjunct Professor (Internship, Practicum)
- 2000 Virginia Tech, Doctoral Intern (Counseling Diverse Populations)
- 1999 George Washington University, Co-Teacher (Art Therapy and Grief)
- 1998-2000 Virginia Tech Counselor Education Program, Grad. Student Supervisor
- 1998-2000 Virginia Tech, Guest Lecturer
- 1995-2000 George Washington University, Guest Lecturer
- 1989-1994 Washington, DC Commission on Mental Health Services, St. Elizabeths Hospital, Training Officer, Clinical and Administrative Supervisor
- 1989-1995 George Washington University, Clinical Field Supervisor

PRESENTATIONS

- 2009 Working with Children Suffering from Traumatic Events. Pre-Convention Learning Institute Workshop presented at the American Counseling Association Convention (March, Charlotte, NC)
- 2008 Ethics Revisited. Workshop presented at the annual American Art Therapy Association Conference (Cleveland, OH)
- 2008 Strategies that Work for Immigrant and LEP Students. Pre-convention workshop at the First Annual Florida School Counselor Association Convention (Orlando, FL)
- 2008 Ethics 101 for School Counselors. Workshop presented for Broward County Public Schools Annual School Counselors Meeting (Tools of the Trade) and at the orientation workshop for new school counselors
- 2008 U.S. Dept. of Justice S.P.I.R.I.T. trainer and facilitator of prejudice reduction at a high school in Broward County, FL
- 2008 Counseling Immigrant and Multicultural Children and Families. Presentation to mental health counselors, Kristi House (Miami, FL)
- 2008 Cultural Competence and Creative Interventions with Traumatized Children. Paper presented at the American Counseling Association Annual Convention (Honolulu, HI)
- 2007 Using Art in Supervision? You should! Paper presented at the annual American Art Therapy Association Conference (Albuquerque, NM)
- 2007 Working with Immigrant Children and Families. Presentation at the annual counselor's conference, Broward County Public Schools, FL
- 2007 From Group to Academic Success – Strategies that Work for Immigrant and LEP Students. Paper presented at the American School Counselor Association Annual Convention (Denver, CA)
- 2007 Enhancing Resiliency and Coping Skills in Displaced Youth and Their Families. Paper presented at the American Counseling Association Annual Convention (Detroit, MI)
- 2007 Increasing awareness, knowledge, and skills in multicultural schools. Workshop presented for the Florida School Counselor Association (Ft. Lauderdale, FL)
- 2006 Racial identity development: An in-depth look at our clients and ourselves (advanced practice course); Doing the right thing for our community: Ethical principles for art therapists (workshop). American Art Therapy Association Annual Conference (New Orleans, Louisiana)
- 2006 Ethical and Professional Responsibility in Counseling. Workshop presented for the Florida Art Therapy Association (Plantation, Florida)

- 2005 Writing Strong Proposals. Paper presented at the American Art Therapy Association Annual Conference (Atlanta, Georgia)
- 2004 Counseling Hispanic Teens: Results of a survey. American Art Therapy Association Annual Conference (San Diego, California)
- 2003 Multicultural Issues in Counseling (advanced practice course). American Art Therapy Association Annual Conference (Chicago, Illinois)
- 2003 Being it All (panel). Columbian College Women's Leadership Conference. The George Washington University (Washington, D.C.)
- 2003 Anxiety Disorders and Suicide in Adolescence: A Case Study. Virginia School Counselor Association (Williamsburg, Virginia.)
- 2003 Counselors and Art: Practical and Ethical Implications (Workshop). D.C. Mental Health Counselor Association Conference (Washington, D.C.)
- 2002 Art Therapy in the United States; and Art Therapy with Adult Clients. 5th Congress of the Brazilian Art Therapy Association. (Ouro Preto, Brazil)
- 2002 Using Art in the Supervision of Counseling Students. Association of Counselor Educators and Supervisors (Park City, Utah)
- 2002 Counseling Teens (workshop); and Global Nomads (paper). Virginia Counseling Association (Richmond, Virginia)
- 2001 Third Culture Kids are VIP: Very Important Persons – Career opportunities for secondary school children. Virginia School Counselor Association. (Williamsburg, Virginia.)
- 2002 Our Children: Our Future. Allegheny Round-Table Series participant (Greenbrier, West Virginia)
- 2001 Stretching Personal and Professional Borders: The Native-American Experience (workshop); and Silence and Language in Multicultural Worlds (panel). American Art Therapy Association Annual Conference (Albuquerque, NM)
- 2001 The Use of Art in Supervision. Southern Association of Counselor Educators and Supervisors Annual Conference (Athens, Georgia)
- 2002 Empowering ESL Resource Specialists in Helping Children and Families (workshop). Arlington Public Schools (Arlington, Virginia)
- 2001 What Do School Counselors Do? Research Findings. Virginia School Counselor Association's Annual Conference (Charlottesville, Virginia)
- 2001 Counseling College Students from Diverse Cultural Backgrounds. Meeting of College Counselors, Northern Virginia Community College (Annandale, VA)
- 2000 Careers in Counseling, Latino Leadership Conference (Arlington, Virginia)

- 2000 The Functions of School Counselors in Northern Virginia, Elementary School Counselors Meeting (Arlington, Virginia)
- 2000 Group Counseling with Immigrant Adolescents Using Art, Virginia Association of Specialists in Group Work (Annandale, Virginia)
- 1998 Multicultural Counseling: Knowledge and Tools for Art Therapists (pre-conference course); Awareness, Knowledge, and Skills in Multicultural Counseling (workshop). AATA Annual Conference (Portland, Oregon)
- 1998 Art Therapy Experiences with Newly-Arrived Immigrant Children and Their Families, Fairfax County Public Schools (Fairfax, Virginia); AATA Annual Conference (Milwaukee, Wisconsin); Washington-Area Teachers of English to Speakers of Other Languages Annual Conference (Washington, DC)
- 1997 Art Therapy in the United States, Psychoanalysts Group Dinner (BA, Argentina)
- 1997 Multicultural Open Forum, AATA, Annual Conference (Milwaukee, Wisconsin)
- 1996 Art Therapy: Theory and Practice, University of Fine Arts (BA, Argentina)
- 1996 The Many Faces of Art Therapy: Fine Art by Art Therapists; juried art show, George Washington University (Washington, DC)
- 1995 Transference and Counter-transference Issues as a Result of Changes in the Therapist, Potomac Art Therapy Association General Meeting (Washington, DC)
- 1994 Exploring the Effects of Pregnancy on Art Therapists as Clinicians and Supervisors, AATA Annual Conference (Chicago, Illinois)
- 1989-1994 The Re-Introduction of Art Therapy in Large Psychiatric Hospitals, and, Child Art Therapy, Department of Human Services Child and Adult Services Administrations (Washington, DC)
- 1989, 1994 Introduction to Child Art Therapy, Washington, DC Public Schools Counselors Town Meeting and Demonstration Lab (Washington, DC)
- 1986-88, 1995 Art Therapy with Grieving Children, George Washington University Colloquium; Hospice of Northern Virginia; Metropolitan Bereavement Group (Rockville, Maryland)

PUBLICATIONS

- 2009 Considerations for Culturally Competent Practice (under review). Art Therapy: Journal of the American Art Therapy Association.
- 2006 Art Therapy with Hispanic Clients: Results of a Survey Study. Art Therapy: Journal of the American Art Therapy Association, 23(4), 165-171.

- 2006 Racial Identity development: An in-depth look at our clients and ourselves; and Doing the right thing for our community: Ethical principles for art therapists Proceedings of the American Art Therapy Association. New Orleans, Louisiana
- 2006 Understanding the transition from career to fulltime motherhood: A qualitative study. The American Journal of Family Therapy, 34(1), 17-31.
- 2004 Art Therapy with Hispanic clients: Results of a survey research study. Proceedings of the American Art Therapy Association. San Diego, California
- 2003 Multicultural Issues in Art Therapy. Proceedings of the American Art Therapy Association Conference, Chicago, Illinois
- 2003 Initiating Leadership by Introducing and Implementing the ASCA National Model (2003). Professional School Counseling, 6(4).
- 2002 Career Intelligence.com: The Smart Woman's Online Career Resource. Career Planning and Adult Development Journal, 18(2), 39-42.
- 2001 Personal and Professional Borders: The Native-American Experience, Proceedings of the Am. Art Therapy Association Conference, Albuquerque, NM
- 2001 Silence and Language in Multicultural Worlds, Proceedings of the American Art Therapy Association Annual Conference, Albuquerque, New Mexico
- 2000 The Functions of School Counselors in Northern Virginia Public Schools (Doctoral Dissertation, Virginia Polytechnic Institute and State University), Dissertation Abstracts International
- 1998 Multicultural Counseling: Knowledge and Tools for Art Therapists, Proceedings of the American Art Therapy Association Conference. Portland, Oregon
- 1998 Awareness, Knowledge, and Skills in Multicultural Counseling, Proceedings of the American Art Therapy Association Conference. Portland, Oregon
- 1997 Art Therapy Experiences with Newly-Arrived Immigrant Adolescents, Proceedings of the Am. Art Therapy Association Conference. Milwaukee, WI
- 1996 Group Art Therapy, Immigrants, and Families, Proceedings of the Washington-Area Teachers of English to Speakers of Other Languages. Washington, DC
- 1997 A Group Art Therapy Experience for Immigrant Adolescents, American Journal of Art Therapy, 36, 11-19
- 1994 The Pregnant Art Therapist, American Journal of Art Therapy, 33, 74-83

- 1994 Exploring the Effects of Pregnancy on Art Therapists as Clinicians and Supervisors, Proceedings Am. Art Therapy Association Conference. Chicago, IL.
- 1993 NBC Television Magazine Studio 9, television interview on the use of the creative arts with mentally-ill clients
- 1989 National Geographic Magazine, interview on drawings of substance abusers
- 1987 Parents Magazine, interview on the use of art with grieving children

SERVICE TO THE PROFESSION

- 2008-present American School Counselor Association, Hispanic Heritage Foundation Mentor Task Force
- 2008-present Council for Accreditation of Counseling and Related Educational Programs, Program Evaluator and Site Visitor/Reviewer
- 2008-2010 Florida School Counselor Assn. (FSCA) Board of Directors, Post Secondary V.P.
- 2009-2010 Am. Art Therapy Assn. (AATA), Conference Art Events Cmtee Chair
- 2009-2010 AATA Conference Program Committee Member
- 2008 AATA, Annual Conference Chair, Cleveland, OH
- 2008 AATA, Nominating Committee Member
- 2005-present Art Therapy: Journ. of the Am. Art Therapy Assn, Editorial Board
- 2007-2008 FATA Ethics Committee Chair
- 2007 FATA Membership Committee Chair
- 2007-2008 FSCA Board of Directors, Member-At-Large
- 2007 AATA Conference Chair Understudy
- 2006 AATA Representative to the Art Therapy Credentialing Board
- 2005-2007 FSCA Board of Directors, VP for Middle Schools
- 2005-2007 AATA Conference Program Chair
- 2005, 2006 Broward County School Counselors Leadership Committee
- 2002-2007 Associate Editor, Newsletter of the American Art Therapy Association
- 2003-2005 AATA Nominating Committee Member
- 2003 George Washington Univ., Counseling Dept., Faculty of the Year Award
- 1999-2001 AATA, Executive Board, Secretary
- 1999-2001 AATA Publications Committee Board Liaison;
Bylaws, Policy & Procedures Committee Chair;
Journal Editor Search Committee Chair;
Ad Hoc Committee on Leadership Training;
Committee on Multicultural Affairs;
Board Liaison to four AATA Affiliate Chapters
- 1998 Potomac Art Therapy Assn. (PATA) Distinguished Service Award
- 1996 Arlington Public Schools Counseling Curriculum Committee
- 1995 AATA Publications Committee Member
- 1994-2003 PATA Affiliate Chapter Delegate to AATA
- 1992-1993 AATA Legislative Committee; Coordinator of US Senate hearings
- 1991-1993 PATA President
- 1990-1991 PATA President-Elect
- 1990, 1998-2003 AATA Conference Program Review Board
- 1988-1990 PATA Membership Committee, Chair
- 1986-1988 PATA Educational Programs Committee, Chair

CURRENT PROFESSIONAL AFFILIATIONS

American Art Therapy Association (AATA)

American Counseling Association (ACA)

American School Counselor Association (ASCA)

Delta Kappa Gamma Society

Florida Art Therapy Association (FATA)

Florida School Counselor Association (FSCA)

Broward Counselor/School Counselor Association