

**Nova Southeastern University  
Center for Psychological Studies**

**Course Outline**

**Course Number & Title:** PSY 660, Community Mental Health

**Credit Hours:** 3

**Location/Section:** Jacksonville/JX3

**Dates:** June 6, 7, 8, 2008  
June 27, 28, 29, 2008

**Instructor:** Dr. Larry E. Thompson, Ed.D.  
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Lutz, FL 33549  
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**Class Meeting Times:** Fridays 6:00 PM – 10:00 PM  
Saturday 8:30 AM – 6:00 PM  
Sunday 8:30 AM – 5:30 PM

**Required Text:**

Rosenberg, J. and Samuel Rosenberg (2006). Community Mental Health: Challenges for the 21<sup>st</sup>. Century, Roulledge: New York. (ISBN 0-415-95011-2)

**Course Description:**

The brief history of community psychology is reviewed with a focus on those events that led to the development of a “community point of view.” The course also acquaints students with the various approaches (preventative model, consultative role, etc.) and techniques (needs assessment, program evaluation) used by community psychologists. Distinctions between traditional clinical interventions and community intervention are highlighted.

**Learning Objectives:**

1. Gain an understanding of community care through review of a history of community mental health and other service delivery systems.
2. Review various modalities, theories, and strategies used in community treatment.
3. Learn about trends in service financing.
4. Become aware of manpower utilization and training issues.
5. Become aware of how managed care impacts the clinical and service delivery.

6. Explore methods of program evaluation for community mental health.
7. Be introduced to the consumer empowerment movement and its impact on service delivery.
8. Explore service delivery models to various population segments.
9. Become knowledgeable about how public policy impacts clinical work and how they can impact public policy.

**Evaluation:**

1. Student will demonstrate through comprehensive written examination their understanding and ability to utilize critical thinking regarding the current community behavioral health delivery system.
2. Student will demonstrate by written and oral presentation their ability to complete a literature review and organize information about community care.

**Calendar of Assignments:**

**Friday, June 6**

Lecture and Discussion

Community care of individuals with emotional, psychiatric and behavioral functional difficulties

The history of community mental health

De-institutionalization as public policy, its process and progress

Organization, legal mandates, and common practices

State and federal laws

Governance

Administrative issues

Standards including accreditation

**Saturday, June 7**

Lecture, Class Discussion and Small Group Exercises

Human resources

Manpower use, preparation, and availability

Multi-disciplinary team approach

Credentialing and privileging

Clinical services: modalities, theories, and practice

Evidence-based practices

Continuum of care

Consumer empowerment  
Client rights  
Consumer participation and satisfaction  
Stakeholder concerns and involvement

**Sunday, June 8**

Lecture and Discussion  
Quality Improvement and Outcome Evaluation  
Standards of care  
Policies and procedures

Working in a managed care environment  
Current financing strategies

Midterm Examination

**Friday, June 27**

Lecture, Class Discussion and Small Group Exercises  
Services to Special Populations –  
Homeless, Addictive Individuals, Co-occurring disorders, criminal  
offenders, women, minorities, elders, migrants and refugees,  
children and adolescents.

**Saturday, June 28**

Student Presentations (These presentations will be scheduled for approximately  
30 minutes of which a minimum of 10 minutes allowed for discussion and  
questions).

Times may need to be adjusted depending on number of students in the class.

**Sunday, June 29**

Student Presentations (continued)

Final Examination

**Reading Assignments:**

Prior to Friday, June 6,            Chapters 1 through 8 of textbook  
Prior to Friday, June 27,        Read all remaining chapters of the text

**Written Assignments:**

Choose a topic regarding the delivery of community based care. Review the literature and prepare a report that synthesizes the professional research on the topic. Address various thoughts on the subject as well as the facts. You may include your opinion but must support it with articles. You should include in your bibliography a minimum of ten (10) references other than your textbook or popular magazines or newspapers. Interviews with local professions may also be used as supportive documentation.

The paper must be written in APA format (minimum of ten (10) pages double spaced).

An oral presentation of your paper will be presented on Saturday, June 28. These presentations will be scheduled for approximately 20 minutes with a minimum of 10 minutes of discussion to follow each presentation.

**Attendance:**

Any student missing more than one half-day or evening session will be expected to complete commensurate assignments.

**Grading Criteria:** (A – F)

Midterm Exam (objective format)	20 %
Final Exam (essay format)	40 %
Project (Written)	12.5 %
Project (Oral)	12.5 %
Class Participation	15 %

NOTE: Class participation refers to the presentation of insights and information that demonstrates an understanding of the professional/ethical issues being discussed.

**Recommended Resources:**

Bloom, Bernard L. Community Mental Health: A general Introduction. Second Edition, Monterey, CA: Brooks/Cole, 1984.

Cooper, Saul and Timothy H. Lentner. Innovations in Community Mental Health. Sarasota, FL: Professional Resource Press, 1992.

Editors, Principles for Behavioral Healthcare Delivery. Rockville, MD: National Community Mental Healthcare Council, 1997.

Feldman, Judith >. And Richard J. Fitzpatrick (editors). Managed Mental Health Care: Administrative and Clinical Issues. Washington, DC: American Psychiatric Press, 1992.

Foster, Angela and Vega Zagier Roberts (editors). Managing Mental Health in the Community. New York: Routledge, 1998.

Giles, Thomas R. Managed Mental Health Care. Des Moines, IA: Allyn & Bacon, Longwood Division, 1992.

Gladding, Samuel T. Community and Agency Counseling. Upper Saddle River, NJ: Prentice-Hall, 1997.

Goldman, William and Saul Feldman (editors). Managed Mental Health Care. San Francisco: Jossey-Bass, 1993.

Grob, Gerald N. From Asylum to Community: Mental Health Policy in Modern American. Princeton, NJ: Princeton University Press, 1991.

Johnson, Ann Braden. Out of Bedlam: The Truth about Deinstitutionalization. New York: Basic Books, 1990.

Keill, Stuart L. (editor). Administrative Issues in Public Mental Health. San Francisco, Jossey-Bass, 1991.

Lewis, Judith A., Michael D. Lewis, Judy A. Daniels, and Michael J. D'Andrea. Community Counseling: Empowerment Strategies for a Diverse Society (Second Edition). Pacific Grove: Brooks/Cole Publishing, 1998.

Minkoff, Kenneth and David Pollack. Managed Mental Health Care in the Public Sector. Amsterdam: Harwood Academic Publishers, 1997.

Mosher, Loren R. Community Mental Health: A Practical Guide. New York: W.W. Norton, 1994.

Schulberg, Herbert C. and Marie Killilea (editors). The Modern Practice of Community Mental Health. San Francisco: Jossey-Bass, 1982.

Stein, Leonard I. and Alberto B. Santos. Assertive Community Treatment of Persons with Severe Mental Illness. New York: W.W. Norton, 1998.

Watkins, Ted R. and James W. Callicutt (editors), Mental Health Policy and Practice Today. Thousand Oaks, CA: Sage Publications, 1997.